

**Woodland
Joint Unified
School
District
Elementary
Schools**

This institution is an equal opportunity provider. Menus are subject to change.



Friday, April 1

Breakfast
WG Cinnamon Roll
Cereal
Breakfast Choice Bar

Lunch
Pepperoni Pizza
Cheese Pizza

Sides Offered w/Lunch
Green Beans
Garden Bar

**WORLD'S GREATEST
APRIL FOOLS
TRICKS!**

On April 1, 2014, the Facebook page for National Public Radio linked to a story with the headline, "Why Doesn't America Read Anymore?" Thousands of people posted comments, taking all sorts of positions on the problem. But it was an April Fool's prank -- there was no such actual story at the link. Which kind of showed that Americans don't read anymore!

See the back page for more all-time great pranks!

Monday, April 4

Breakfast
French Toast Sticks
Cereal
Breakfast Choice Bar

Lunch
Mandarin Orange Chicken
Veggie Egg Roll

Sides Offered w/Lunch
Asian Rice w/Stir Fry Veggies
Garden Bar

SPIN YOUR WHEELS.



Biking may be the only activity that combines exercise, fun, AND transportation! Just remember to always wear bright clothes, close-toed shoes, and a helmet – and follow the rules of the road!

**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!**

Tuesday, April 5

Breakfast
Colby Cheese Omelet
w/Sausage
Cereal
Breakfast Choice Bar

Lunch
Taqitos
Nachos

Sides Offered w/Lunch
Black Beans
Garden Bar

Wednesday, April 6

Breakfast
WG Donut
Cereal
Breakfast Choice Bar

Lunch
Hamburger
Veggie Wraps

Sides Offered w/Lunch
French Fries
Garden Bar

daily garden bar!



featuring
**Harvest
of the
Month
items (HOM)**

mondays

breakfast: Mandarins, Chilled Mixed Fruit, Apple, Juice
lunch: Garden Salad, Jicama Sticks, Chilled Peaches, Strawberry Cup (HOM), Raisins (HOM)

tuesdays

breakfast: Kiwi, Plums, Dried Fruit (HOM), Juice
lunch: Spinach Salad (HOM), Sunflower Seeds, Applesauce, Celery Sticks w/SoyNut Butter, Orange Wedges

wednesdays

breakfast: Bananas, Strawberries (HOM), Chilled Pears, Juice
lunch: Garden Salad, Mini Carrots (HOM), Bananas, Zucchini Sticks, Fruity Jello

thursdays

breakfast: Orange Wedges, Fresh Plums, Applesauce, Juice
lunch: Garden Salad, Chickpeas, Pluots, Strawberries (HOM), Apple Slices w/SoyNut Butter

fridays

breakfast: Fresh Fruit Choice, Chilled Mixed Fruit, Juice
lunch: Broccoli & Carrots (HOM) w/Ranch, Cucumbers (HOM) & Tomatoes, Chilled Peaches, Fresh Fruit Choice

Thursday,
April 7

Breakfast
Pizza Puff
Cereal
Breakfast Choice Bar

Lunch
Tamales
OR
Bean & Cheese
Burritos

**California
Food for
California
Kids!**

**Sides:
Mexicali
Corn
Garden
Bar**

Friday, April 8

Breakfast
Salba Cinnamon Roll
Cereal
Breakfast Choice Bar

Lunch
Spaghetti
w/wo/Meat Sauce

Sides Offered w/Lunch
Peas
Garden Bar

ENJOY YOUR



**BREAK BEGINS AT THE END OF CLASSES:
FRIDAY, APRIL 8
CLASSES RESUME:
MONDAY, APRIL 18**



Monday, April 18

Breakfast

Scrambled Eggs, Hash Browns & Toast
Cereal
Breakfast Choice Bar

Lunch

Corn Dog
Cheese Quesadilla

Sides Offered w/Lunch

Potato Wedges
Garden Bar



Hippos can open their mouths as much as four feet wide! They mainly just use that massive maw to graze on grass, and although they spend most of the day in the water, they are asleep much of that time and prefer to eat plants they find on dry land.

ANIMAL APPETITES

Tuesday, April 19

Breakfast

Honey Wheat Bar
Cereal
Breakfast Choice Bar

Lunch

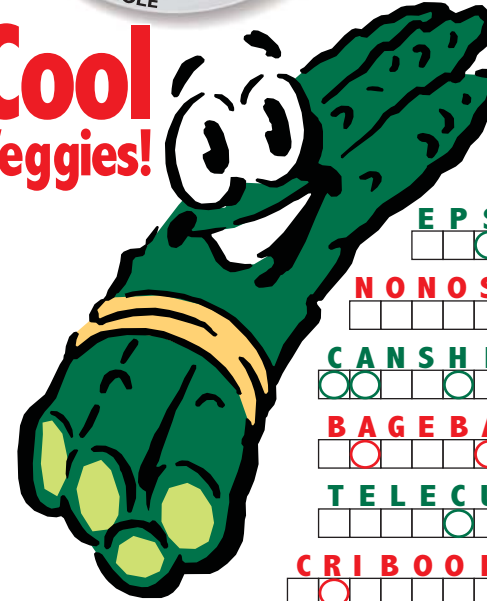
Beef & Cheese Taco
Beef & Cheese Chalupa

Sides Offered w/Lunch

Applesauce
Garden Bar



Cool Veggies!



Wednesday, April 20

Breakfast

Breakfast Chicken Slider
Cereal
Breakfast Choice Bar

Lunch

Mostaccioli
Cheesy Maxstix

Sides Offered w/Lunch

Edamame
Garden Bar

Thursday, April 21

Breakfast

Waffles & Sausage
Cereal
Breakfast Choice Bar

Lunch

Hot Dog
Fresh Veggie Pita Pocket

Sides Offered w/Lunch

Potato Chips
Garden Bar

Friday, April 22

Breakfast

Salba Cinnamon Roll
Cereal
Breakfast Choice Bar

Lunch

Fish Sandwich
Bosco Sticks w/Marinara

Sides Offered w/Lunch

Baja Beans
Garden Bar

Monday, April 25

Breakfast

Egg & Cheese Biscuit
Cereal
Breakfast Choice Bar

Lunch

Pizza Cheese Crunchers
Cheeseburger Sliders

Sides Offered w/Lunch

Peas & Carrots
Garden Bar

Tuesday, April 26

Breakfast

Muffin Top
Cereal
Breakfast Choice Bar

Lunch

Chicken Nuggets
Wowbutter & Jelly Sandwich

Sides Offered w/Lunch

Raisels
Garden Bar

Thursday, April 28

Breakfast

Breakfast Pizza
Cereal
Breakfast Choice Bar

Lunch

Chicken Fajita
Chimi Nada

Sides Offered w/Lunch

Refried Beans
Garden Bar

Wednesday, April 27

Breakfast

Breakfast Burrito
Cereal
Breakfast Choice Bar

Lunch

Sloppy Joe
Grilled Cheese Sandwich

Sides Offered w/Lunch

Potato Smiles
Garden Bar

Friday, April 29

Breakfast

WG Cinnamon Roll
Cereal
Breakfast Choice Bar

Lunch

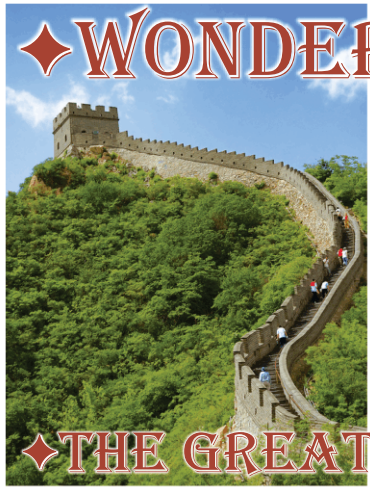
Pepperoni Pizza
Cheese Pizza

Sides Offered w/Lunch

Green Beans
Garden Bar

WONDERS OF THE WORLD

The Great Wall of China stretched for more than 13,000 miles, including all of its branches and fortifications. As many as 25,000 watchtowers studded the wall, which was primarily designed to keep out Mongol raiders and other nomads from the north. The wall was begun as early as 2600 years ago and was regularly extended, destroyed, rebuilt, and restored over the next 25-plus centuries. Most of what still exists today is about 400 to 600 years old, dating from the Ming Dynasty.



THE GREAT WALL OF CHINA

Some vegetables are called "cold hardy." That means they can be harvested in the cool of winter in Florida or California. Or, in the colder states, they can be planted in early spring, up to 6 weeks before the last freeze. We've scrambled the names of some of these tough guys above. Unscramble them, then write the circled letters below and unscramble to name the cold hardy veggie that's pictured here!

CIRCLED LETTERS: _____

ANSWER _____

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html