

District, school name, or other information here or delete

menus for

APRIL
2021

This institution is an equal opportunity provider. Menus are subject to change.

Keep up the fight!

Another round of stimulus checks and other kinds of help are going out for American families and businesses, as we all try to fight through this pandemic and reach a brighter day. Free school meals are a big part of that effort. Whether your free meals are available at school, for curbside pick-up, or by some other means, we urge you, for the good of your family, our schools, and our community, to please take advantage of this stimulus, too!

School Meals
We serve education every day™

Thursday, April 1

Breakfast

Type your breakfast choices here, or delete this section

Lunch

Entree One
or Entree Two
Sides and Extras

Friday, April 2

Breakfast

Type your breakfast choices here, or delete this section

Lunch

Entree One
or Entree Two
Sides and Extras

SPEED OF FLIGHT

Peregrine Falcon
Fastest Animal
on Earth!

Peregrine Falcons mainly hunt other birds – birds as small as a hummingbird and as big as a seagull! Their favorite target in much of their range is the pigeon. Peregrines will climb way, way up in the sky and then suddenly drop sharply into an ultra-streamlined dive, or “stoop,” reaching 200 miles per hour or more before contact! Poor pigeons!

ANIMAL APPETITES

Monday, April 5

Breakfast

Type your breakfast choices here, or delete this section

Lunch

Entree One
or Entree Two
Sides and Extras

Tuesday, April 6

Breakfast

Type your breakfast choices here, or delete this section

Lunch

Entree One
or Entree Two
Sides and Extras

Wednesday, April 7

Breakfast

Type your breakfast choices here, or delete this section

Lunch

Entree One
or Entree Two
Sides and Extras

Thursday, April 8

Breakfast

Type your breakfast choices here, or delete this section

Lunch

Entree One
or Entree Two
Sides and Extras

Friday, April 9

Breakfast

Type your breakfast choices here, or delete this section

Lunch

Entree One
or Entree Two
Sides and Extras

Monday, April 12

Breakfast

Type your breakfast choices here, or delete this section

Lunch

Entree One
or Entree Two
Sides and Extras

Tuesday, April 13

Breakfast

Type your breakfast choices here, or delete this section

Lunch

Entree One
or Entree Two
Sides and Extras

Wednesday, April 14

Breakfast

Type your breakfast choices here, or delete this section

Lunch

Entree One
or Entree Two
Sides and Extras

Thursday, April 15

Breakfast

Type your breakfast choices here, or delete this section

Lunch

Entree One
or Entree Two
Sides and Extras

Friday, April 16

Breakfast

Type your breakfast choices here, or delete this section

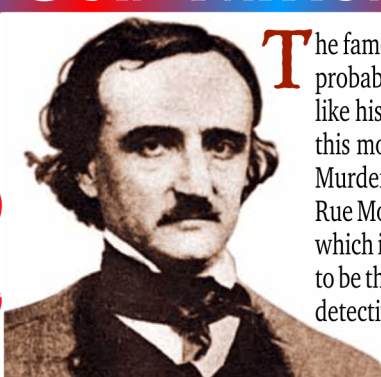
Lunch

Entree One
or Entree Two
Sides and Extras


Monday, April 19	Tuesday, April 20	Wednesday, April 21	Thursday, April 22	Friday, April 23
Breakfast Type your breakfast choices here, or delete this section	Breakfast Type your breakfast choices here, or delete this section	Breakfast Type your breakfast choices here, or delete this section	Breakfast Type your breakfast choices here, or delete this section	Breakfast Type your breakfast choices here, or delete this section
Lunch Entree One or Entree Two Sides and Extras	Lunch Entree One or Entree Two Sides and Extras	Lunch Entree One or Entree Two Sides and Extras	Lunch Entree One or Entree Two Sides and Extras	Lunch Entree One or Entree Two Sides and Extras

Monday, April 26	Tuesday, April 27	Wednesday, April 28	Thursday, April 29	Friday, April 30
Breakfast Type your breakfast choices here, or delete this section	Breakfast Type your breakfast choices here, or delete this section	Breakfast Type your breakfast choices here, or delete this section	Breakfast Type your breakfast choices here, or delete this section	Breakfast Type your breakfast choices here, or delete this section
Lunch Entree One or Entree Two Sides and Extras	Lunch Entree One or Entree Two Sides and Extras	Lunch Entree One or Entree Two Sides and Extras	Lunch Entree One or Entree Two Sides and Extras	Lunch Entree One or Entree Two Sides and Extras

★ OUR NATION'S HISTORY ★




The famous American writer Edgar Allen Poe is probably best remembered for spooky works like his poem "The Raven," but 168 years ago this month, in April 1841, he published "The Murders in the Rue Morgue," which is considered to be the very first detective story ever written.

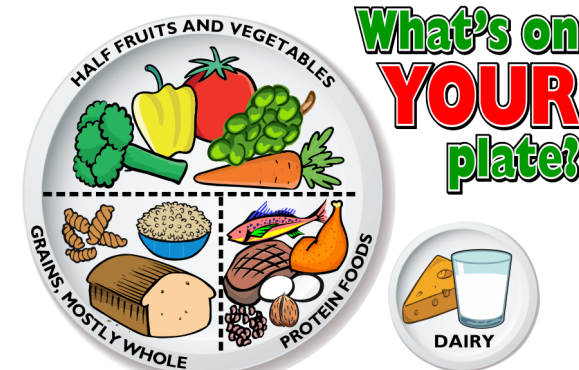


★ WITH LIBERTY & JUSTICE FOR ALL ★

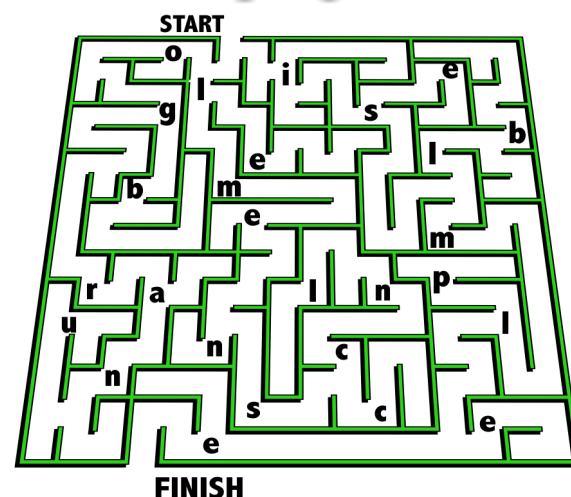
THE PONY EXPRESS



The Pony Express began its 2,000-mile service from Missouri to California in April 1860. The cost was \$10 per ounce of mail, and delivery time was about 10 days.



Long ago, sailors used to suffer from a condition called "scurvy," until British sailors started taking a certain fruit (which contained a lot of vitamin C) with them on their voyages. Like magic, no more scurvy! To identify these magical fruits, trace a path through the maze, collecting letters as you go. Then, rearrange the letters you found on the correct path to get the answer!



ANSWER:

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html